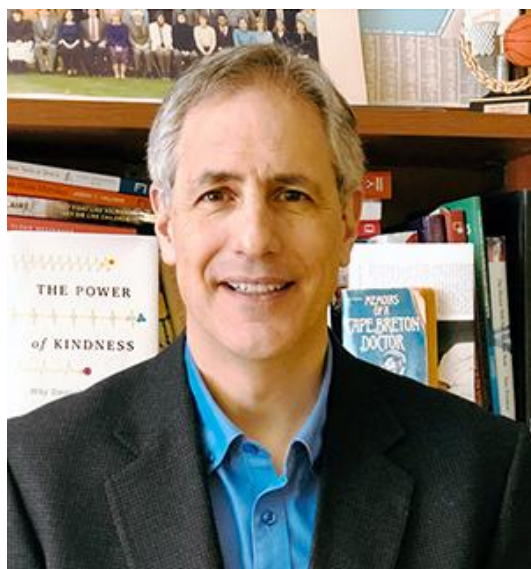


The fall 2024 edition of Pediatric Times has arrived
[You are viewing this newsletter in your browser.](#)



E-Newsletter, IWK Department of Pediatrics | No.6, December, 2024



'It's All About the People'

All great organizations are defined by how they value and respect their people. We are blessed to be surrounded by wonderful colleagues who are caring, smart and determined to deliver quality care, discover and implement new knowledge and innovations, educate and mentor the next

generation and one another, and advocate for a better world. So here are some of my people-centered thoughts.

We are all grateful for the 30 years of amazing service by **Darlene Ashe**, our API HR Director, who recently stepped down to have more time to spend with her elderly mother (Cape Breton) and new grandson (Vancouver). **Darlene** has supported our physician and staff recruitments with grace, smarts and efficiency and with a lovely sense of humor. I have

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Department: we are also excited to welcome **Nikki Harting** as **Danielle's** successor. I know we are all committed to support **Nikki** in her new role.

A friend and mentor of mine and many at Dal, **Dr. Ron Stewart**, passed away a few weeks ago. Ron was the “father” of paramedic medicine, with a strong interest in emergency medicine mentorship and research, both in the U.S. and here at Dal. He was the inaugural head of Medicine and the Humanities at Dalhousie, and a former Minister of Health. He was a determined, kind and steely optimist who brought the emergency paramedic system in N.S. up to a high standard, and so much more. I learned a lesson after his death. If you have an older friend, mentor or family member you are meaning to touch base with, do not put it off. Once they're gone, it's too late.

I have really appreciated the better turnouts at our monthly in person Department meetings. This is our chance to connect and come together, and meet new and old colleagues from different Divisions. Coming together is the glue that helps make us great. You will also receive periodic invites from **Dr. Sarah Manos** and me for faculty lunch get-togethers. Please join us. I make great sandwiches and Wicked Thai Chicken soup.

Lastly, my most recent four book reads. Two are powerfully written memoirs about personal illness. *Between Two Kingdoms* by **Suleika Jaouad**, and *When Breath Becomes Air*, by **Dr. Paul Kalanithi**. *Health for All*, by former Federal Minister of Health **Dr. Jane Philpott** is about building up our primary health care system, and her journey after losing a daughter. Lastly, *On Call* is the autobiography of **Dr. Anthony Fauci**, who served five U.S. Presidents as an NIH Director, overseeing new anti-viral medications for HIV and the COVID-19 vaccine development during the recent pandemic. All amazing reads.

Again, it's all about the people.

Best wishes,

Andrew

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Every Child Matters | Black Lives Matter Better Futures

Chief of Pediatrics - IWK Health & NSH Central Zone Halifax Nova Scotia

*Chair of Pediatrics - Dalhousie University Department of Pediatrics,
Faculty of Medicine*

*Consultant Pediatrician - Cape Breton Regional Hospital Sydney Nova
Scotia*

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Healthy respectful workplaces

Quality Care, Discover & Innovate, Educate & Mentor, Lead & Advocate

*"Grant me the courage to stand up and speak, and the wisdom to sit down
and listen"*

*Dalhousie University is located in Mi'Kma'ki, the ancestral and unceded
territory of the Mi'kmaq. We are all Treaty people. Our Department of
Pediatrics is committed to addressing the TRC recommendations,
specifically TRC#23 (Increase the number of Aboriginal professionals
working in the health-care field and provide cultural competency for all
health-care professionals).*

*We acknowledge the histories, contributions, and legacies of the African
Nova Scotian people and communities who have been here for over 400
years.*

Our Maritime Community in Focus

Charlottetown will soon be the site for the Junior Attending rotation for Dalhousie PGY4 pediatrics residents. This rotation will support residents' autonomy and their transition to independent practice. During the rotation,

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ward and NICU. They will also act as the pediatrician on call on some evenings/weekends with appropriate supervision.

Our team at the Queen Elizabeth Hospital is excited to welcome our junior colleagues! We love being involved in medical education and happily welcome pediatrics residents in any year of training.

Our NICU group has embarked on an amazing initiative called NEST– QI, which is a quality improvement initiative with all things neonatology and was kicked off by a perinatal data symposium last week, which was very well attended by folks across the province.

Our 20th annual Rob Tingley Lecture, held June 19, was preceded by a Journal club on the evening of June 18. Our inaugural speaker returned: **Dr James Kellner**, an infectious disease specialist from the University of Alberta, who discussed new topics in ID (not COVID lol) and helped us celebrate **Rob's** legacy.

From an education perspective, we look ahead to next days of many core learners, a nearly full elective slate and lots of participation by our crew in medical education.

We are keeping our head above water in Saint John, but we know that's not the case for the rest of the province, so we also aim to support one another with the help of the New Brunswick Medical Society, collegiality, and the support of our tertiary care centre. We are grateful.

— **Dr. Peter MacPherson**, *Consultant Pediatrician, site lead Pediatrics, Queen Elizabeth Hospital, Charlottetown*, and **Dr. Robyn McLaughlin**, *Program Director, Pediatric Postgraduate Medical Education, Halifax*

Research Highlights

Megan's Musings

More tips from a Research Ethics Board (REB) Chair for

Personal Information (PI) and Personal Health Information (PHI)

The nature of most of the research undertaken in our department means that almost universally there will be some PI and/or PHI collected. This is anything from age, sex, gender, family composition, province of residence, diagnoses, medications, investigation results, health service usage etc. Therefore, how these data will be collected, justification for their need to undertake the research, and how they will be managed, needs to be clearly described in the protocol, data collection forms and information and consent forms. ***Section 8 of the EAF Privacy and Confidentiality needs to be completed.***

Participant identifying information should not be uploaded into ROMEO. Information about minor deviations, protocol violations, safety events, and so on, should use study identifiers ***not*** names. If information needs to be uploaded that contains identifying information this should be redacted prior to uploading. For Case Reports, a description of the process undertaken to obtain consent, ideally including the opportunity for the case report and any images to be approved by the individual being described, needs to be provided. ***An example of the consent form used, or the completed consent form with the name and signature obscured, needs to be uploaded.***

—Dr. Megan Thomas, *Chair, Research Ethics Board, Division of Developmental Pediatrics*

Awards and Achievements

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Division Head, Respiriology, received a certificate of appreciation from the Canadian Thoracic Society in April for his "dedicated leadership and service as Chair of the 2023-2024 CTS Pediatric Assembly" in Toronto. The position of Chair is a four-year commitment. **Dr. Mateos-Corral** is now serving as past chair.



Dr. Amy Ornstein, the Division Head, General Pediatrics, and the Medical Director, IWK Suspected Trauma and Abuse Response Team (START), was the recipient of the IWK Department of Pediatrics Leadership Award 2024. The award recognizes her provincial and national leadership as an advocate and educator in the field of Child Maltreatment. **Dr. Andrew Lynk**, left, made the presentation during the Department's Sept. 17 faculty meeting. Dr. Lynk is the IWK Health Centre's Chief of Pediatrics as well as the Chair of Pediatrics, Dalhousie University.

The IWK Cystic Fibrosis Clinic, with its multi-disciplinary approach to caring for infants, children and youth with CF, now ranks third in the country. **Dr. Dimas Mateos-Corral**, Division Head, Respiriology explained,

outcomes we ranked third in the latest report. He added, "I'm very proud of this."

Appointments



Nikki Hartling, an experienced IWK administrative assistant, who most recently supported Ambulatory Surgical Care and Ambulatory Care Services with human resources, procurement, budgetary and other requirements, has joined the Department of Pediatrics' Business Office as **Human Resources Officer**. She succeeds **Darlene Ashe**

in the position. Ms. Hartling's career as an administrative assistant began in the IWK's Ear, Nose and Throat Division in 2021 where she supported the Division Head. She holds diplomas in Business Administration and Office Administration from the Nova Scotia Community College and she is currently completing a Bachelor of Business Administration in Strategic Human Resource Management at Mount Saint Vincent University. Since a large chunk of her workdays are spent in front of computer screens, she said, "You can usually find me doing something active or outdoors in my free time. I love running, yoga, surfing, spending time with friends and family or curling up with a book and my 'foster fail' cat, Archie." As for her new position, she said, "I am truly looking forward to meeting and working with you all. If there is anything you need, please do not hesitate to reach out by phone or email. Many thanks for your patience, as I get up to speed."

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Developmental Pediatrics, has been appointed **Director Postgraduate Undergraduate Medical Education**. It's a challenge that **Dr. Quigley** says she is excited to take on. Since 2023, she has been working in the Development Clinic, after filling a number of locum roles at IWK Health upon completion of her

residency in General Pediatrics at Dalhousie University in 2020. In her spare time **Dr. Quigley** enjoys travel, coffee, the beach, and hikes with her partner, **Nick**, and dog, Isla. Here she is in her happy place, wearing shades, drinking coffee and travelling somewhere exotic with **Nick**. But where is Isla?

Arrivals



Dr. Bahaa Abu-Raya, the clinician-scientist who arrived in the Division of Infectious Diseases this January, is also a member of the Department of Pediatrics at the IWK Health Centre and an investigator with the Canadian Center for Vaccinology. His research during the past decade has mainly been in the field of maternal pertussis immunization.

Specifically he has focused on identifying the ideal timing of vaccination in pregnancy; the need to vaccinate during each pregnancy; the induction of anti-Bordetella pertussis in breast milk; the effect of maternal vaccination on avidity of anti-Bordetella pertussis antibodies using a novel laboratory

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infants' vaccines immune responses. Many of the studies he has led have contributed to practice-changing immunization policies in Canada and several other countries. **Dr. Abu-Raya's** research program at the Canadian Center for Vaccinology measures the suctions of antibodies that are introduced after vaccination and infection, with applications in research relating to vaccination in pregnancy to protect mother-infant dyads.

*Note: **Dr. Abu-Raya's** arrival was announced in abbreviated form in the 2024 winter issue of Pediatric Times, due to limited information at the time of publication. The greater detail provided here offers a better introduction.*



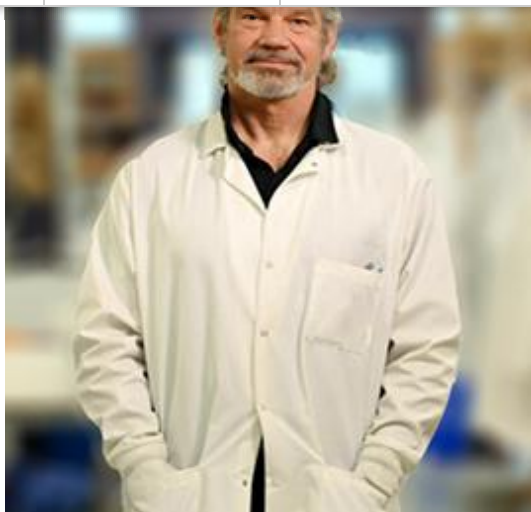
Dr. Joanne Delaney, a Harbour Grace, N.L. native who recently completed a fellowship in pediatric bone marrow transplant and cellular therapy at Toronto's Hospital for Sick Kids, has become the latest addition to the Division of Pediatric Hematology and Oncology. **Dr. Delaney** holds a BSc (Hons) in Medicinal Chemistry from the University of New

Brunswick, Saint John, N.B. and a MD from Memorial University, St. John's, N.L. She completed her residency in pediatrics at the Janeway Child Health and Rehabilitation Centre in St. John's, subspecialty training in pediatric hematology-oncology followed at the McGill University Health Centre in Montreal while concurrently studying for a Master of Health Professions Education at Queen's University, Kingston, Ont. From January, this year, she was an attending physician in the Sick Kids' Blood and Marrow Transplant/Cellular Therapy Section. **Dr. Delaney** is delighted to be back in Atlantic Canada. Her immediate family now resides in Fredericton, N.B.

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SCIENTIST WHO JOINED THE DIVISION OF Pediatric Infectious Diseases this January, has been appointed an investigator with the Canadian Center for Vaccinology. His research focuses on immune ontogeny (the development of the immune system from fetus to adult) as well as the impacts of infection during pregnancy and

early life. Dr. Kollmann has served as Division Head for Pediatric Infectious Diseases at the University of British Columbia, BC Children's Hospital and as Director of Systems Vaccinology at Telethon Kids Institute in Perth, Australia. He is the founder and current CEO of the [Born Strong Initiative](#), a global network of experts working to reduce adverse pregnancy outcomes. **Dr. Kollmann** is an active clinician at the IWK Health Centre, and a Professor of Microbiology & Immunology and Pediatric Infectious Diseases at Dalhousie University.

*Note: **Dr. Tobias Kollmann's** arrival was included in the 2024 winter edition of Pediatric Times, but limited information at the time of publication prevented a fuller introduction.*

Noteable Diary Dates

December 4 | 9 a.m. – 10 a.m. Grand Rounds,* Identifying and Treating Catatonia in Children with Neurodevelopmental Disorders: A Case Series. Dr. Selene Etches.

December 6 | 11 a.m. – 2 p.m. Promotions & Tenure Meeting.

December 6 | 6:30 p.m. – 9 p.m. Faculty and Resident Department Holiday Celebration Dinner, Halifax Marriott

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6:30 p.m. – 7 p.m. with a buffet dinner to follow.

December 11 | 9 a.m. – 10 a.m. Grand Rounds,* Walking Two Paths: An interdisciplinary approach to functional neurological disorders (FNDs) for the general pediatrician. Drs. Dax Bourcier and Kyle Gooden.

December 18 | 9 a.m. - 10 a.m. Grand Rounds,* Christmas Quizz. In-person attendance required.

December 25 | GRAND ROUNDS CANCELLED

****Grand Rounds** qualifies as an accredited group learning activity (Section1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. To receive credit, complete this [evaluation](#). Please note Rounds are held in person in the Cineplex Theatre as well as [via Zoom](#). All are encouraged to attend in person if at all possible. Zoom Meeting ID: 817 1067 5567 Passcode: 443679 Recorded sessions available [here](#). Grand Rounds runs 9 a.m. – 10 a.m., Wednesdays, September to June only.*

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Comments on this edition? Suggestions for future issues?

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